



2026 ACYOA SENIORS

National Fall Retreat

Fact Sheet

Who can attend?

The ACYOA Seniors National Retreat is open to all young adults 18 and older from across the Eastern Diocese.

What to expect?

We are excited to implement a weekend-long retreat to focus on our faith formation, have meaningful conversations, engage in worship, and invite opportunities to grow. We have a great weekend planned with presentations, small and whole group discussions, and time to explore the great outdoors!

Where is the retreat and how do I get there?

The retreat will be held at Camp Washington located at 190 Kenyon Rd, Lakeside, CT 06758.

If you are flying to the conference: Please fly into Hartford (BDL) Airport near Hartford, CT. This is the closest airport to the retreat center, and approximately 45 minutes away. If you would like for us to coordinate a ride for you to the retreat center, then plan on arriving on Friday, November 6 before 3:00 PM and schedule your return flight after 5:00 PM on Sunday, November 8.

After you register, a follow-up email will be sent out with a travel survey for you to complete. To request airport transportation, you must complete that survey to provide your flight information no later than October 23. You will be contacted the week of the retreat to inform you who will be picking you up from the airport.

Alternatively, you can fly into Boston (BOS) Logan Airport which is approximately 2 hours from Camp Washington. ***However, you will need to arrange your own transportation with local area friends if you choose to fly into Boston.***

For specific driving directions from your starting place, please use your favorite travel app.

When is it?

The weekend-long retreat will take place Friday, November 6 beginning at 5:00 PM and conclude on Sunday, November 8 by 2:00 PM. Please plan on being present for the entire retreat; we strongly discourage you from arriving late or leaving before the close of the retreat.

What are the accommodations like?

We will be housed in Cabins, which provide communal-style accommodations; that means large cabins with bunk beds; for males and for females. The cabins are heated and include bathroom and shower facilities. We will be walking outdoors to the chapel, dining hall and meeting rooms, so please pack appropriate footwear.

What do I need to pack?

Must Haves: Reusable water bottle, Bedding (sheets, blanket or sleeping bag, pillow) and Towels
Toiletries: Soap, shampoo, toothbrush, toothpaste, etc.

Clothing: Casual, comfortable clothes are recommended. The weather can be quite chilly so be sure to pack some warm clothing, especially for outdoor activities on Saturday. Pack an outfit for Divine Liturgy. You may choose to bring a bathrobe, flip-flops, etc for the shared bathrooms.

Optional: snacks, puzzles, cards, board games etc.

For questions, please contact any ACYOA Central Council member at ACYOA Central Council at acyoacc@gmail.com or Jennifer Morris, Department of Youth and Young Adult Ministries at (248) 648-0702 or jenniferm@armeniandiocese.org.